



FITNESS CAMP

Camp Information & Objectives

Fitness Camp: Monday – Thursday, August-2nd - 5th, 9:00 am – 11:00 am

Put your best foot forward - be prepared for your league season! We will divide the groups by ages and this camp will be very physically intense. You will improve your fitness level and challenge yourself. It will give you an opportunity to experience the physical training that you need to bring your game to a higher level.

Location & Cost

Patricia H. Birdsall Sports Park, Temecula
\$60 per Hawks member / \$80 for non-member
Camps are for players U11 and older.

Professional Staff

Camp Directors: David Halliday, Carlos Basso, Robert "Paddy" Paterson, and Ryan Halliday

Equipment Needed

Cleats, running shoes, ball, sunscreen, and lots, and lots of water!

Player's Name _____ Parent's Name _____

Address _____

Player's Age _____ Medical Issues _____

Home Phone _____ Cell Phone _____ E-Mail _____

I hereby authorize the staff of TVSA to act for me according to their best judgment in any emergency requiring medical attention. I hereby waive and release the Hawk's Camp; Staff, and City of Temecula Parks and Recreation from any liability for injuries or illness incurred while at camp. I also understand the camp fees are non-refundable, but will be credited to future sessions upon request.

Parent or Guardian

Date

Sign-up Instructions: Please print this form and send with check, payable to **TVSA Hawks**, to:

TVSA Hawks
P.O. Box 893242
Temecula, CA 92589-3242

For questions or further information, please contact Kelley Collins at camps@tvсахawks.com.